The Trauma-Informed Model of Service Delivery, developed by Virginia Helping Everyone Access Linked Systems (Virginia HEALS), aims to prevent and mitigate the impact of adverse childhood experiences through linked systems of care. The model promotes the implementation of policies, practices, and procedures that identify children who have experienced trauma, and provides them with coordinated support based on their individual needs and identities.

Agencies and Organizations:

- Review Policies
  Assess where policies and practices fall on the continuum of trauma-informed care in order to identify milestones and priority areas for strategy and action planning.

- Engage Families
  Meaningfully engage children, youth, and families with lived experience in decision-making processes, such as content planning, direction of services, interventions, and/or referrals made in the course of case management and planning.

- Train Staff
  Prioritize support and training for service providers to help them facilitate meaningful and reflective services for children and youth who have experienced trauma.

Direct Service Providers:

- Identify Services
  Identify community-based prevention and intervention services to support the critical needs and desires of children, youth, and families that have been impacted by trauma.

- Screen for Trauma
  Utilize evidence-informed and/or evidence-based assessment tools to screen children and youth for trauma. These tools can be used to gather information on the type of trauma(s), the effect on the child/youth's functioning, and/or risk factors, as well as protective/supportive factors.

- Make Referrals
  Implement distinct, cross-agency, and family-centered practices to refer children, youth, and families in need of services and support, focusing specifically on ensuring that processes are both relevant and accessible to marginalized and oppressed communities.

Virginia HEALS offers a number of professional development opportunities:

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Virginia DEPARTMENT OF SOCIAL SERVICES