

Team Building Reflection Tool

- This self-assessment encourages you to reflect on your abilities to reflect, connect, collaborate, and lead.
- The first column presents questions focused on how family-facing professionals engage in reflection, connection, collaboration, and leadership.
- The second column asks you to evaluate your proficiency in these areas by rating your practice on a scale from 1 to 5, where 1 means "I do not do this at all" and 5 means "I do this all the time."
- The third column invites you to consider how you could improve in each area.

Reflect

1. How do I demonstrate respect when working others?
2. How is respect a reciprocal process?

Proficiency (1-5)

○ ○ ○ ○ ○

Ways to Improve

Connection

1. How well do I build trusting reciprocal relationships with others?
2. In what ways do I cultivate mutual trust with others?

Proficiency (1-5)

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Ways to Improve

Collaborate

1. How well do I co-construct learning opportunities with others?
2. How do I participant as a team player when working with others?

Proficiency (1-5)

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Ways to Improve

Lead

1. How well do you advocate for system change?
2. How do I work to ensure my voice is heard?

Proficiency (1-5)

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Ways to Improve
