

Cultural Responsiveness Checklist



This self-assessment tool helps you think about your skills, knowledge, and awareness when working with different cultures. The goal is to identify ways to improve your effectiveness in working in diverse settings.

Cultural responsiveness means noticing and respecting the different cultures, values, and experiences people have – and using that understanding to help and support them better.

It means:

- Listening and learning about people's backgrounds
- Valuing their traditions, languages, and ways of life
- Changing how we teach, talk, or work to make everyone feel included and understood

Being culturally responsive helps build trust, makes people feel welcome, and allows everyone to succeed.

• How to Use This Tool:

Review the statements in the **Awareness, Knowledge, and Skills** sections. Select the response that best represents your experience:

Never = 1 point, Sometimes = 2 points, Fairly Often = 3 points, Always = 4 points

Awareness Statement	Never (1)	Sometimes (2)	Fairly often (3)	Always (4)
I think about my own culture and any biases I might have.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I understand how my cultural background affects my interactions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I acknowledge that my experiences may differ from others due to culture.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I consider how my culture shapes the way I make decisions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I listen carefully to learn about other cultures and viewpoints.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I notice when I make guesses or assumptions about other cultures.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Knowledge Statement	Never (1)	Sometimes (2)	Fairly often (3)	Always (4)
I try to learn about cultures that are different from mine.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I understand that history and unfair systems affect different communities.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I keep up with current cultural and social issues.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I know that cultural rules affect how people communicate.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am aware of how privilege and power affect people in society.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Skills Statement	Never (1)	Sometimes (2)	Fairly often (3)	Always (4)
I change how I communicate to include everyone.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I address cultural misunderstandings with respect and openness.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I support inclusivity at my work or in my community.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I speak up against stereotypes and biases when I encounter them.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I seek feedback on how to improve my cultural awareness.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Scoring and Meaning:

Step 1: Add up your scores for each section. **Total Score: __ / 64**

Step 2: Higher scores indicate greater cultural responsiveness.

Step 3: Reflect on areas where you scored lower and set goals for improvement.